**Weekly Snacks and Bottled Water**

**Volunteer Sheet- Ms. Farr’s Class**

* Each day students are able to eat a snack in the morning while working/ during recess. Snacks are brought from home and are not allowed to be shared.
* Throughout the day students are allowed to keep a water bottle on their desks.
* Research has shown that keeping hydrated with small sips of water throughout the day increases mental focus.
* Eating a NUTRITIOUS/HEALTHY snack in the middle of the morning keeps students focused on learning.
* Due to financial hardships, some students are not able to bring a snack/ water bottle to school.
* You can help!
  + Fill out the form below
  + Commit to sending in bottled water or snacks 1 week each month for 10 students in need *for the entire school year*
  + Imagine what a difference this small gesture will make in the lives of young learners

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\_\_\_\_\_ Yes! I would love to send in HEALTHY/NUTRITIOUS snacks 1 week a month for 10 students for **the entire school year**.

Indicate which week of each month (1st, 2nd, 3rd, 4th): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_ Yes! I would like to send in bottled water (no mini sized bottles please) 1 week a month for 10 students for **the entire school year**.

Indicate which week of each month (1st, 2nd, 3rd, 4th): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of snack volunteer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Contact information: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Thank you, Ms. Farr

[**FarrR@pitt.k12.nc.us**](mailto:FarrR@pitt.k12.nc.us) **http://rubyfarr.weebly.com/**

353-5270

**Weekly Snacks and Bottled Water**

**Reminder Note- Ms. Farr’s Class**

**Dear: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ,**

**Thank you for your willingness to send in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for 1 week each month. This is a reminder that it is time to send in your contribution for 10 students next week. Your donation is much appreciated. If you are unable to send in your donation, please let me know in advance so other arrangements can be made.**

**Thanks,**

**Ms. Farr**

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